

Accelerate your healing.
Free yourself from unhealthy patterns.
Alleviate anxiety, transform your relationships
and live your life purpose.



Breathe. Heal. Connect.

Personalized One-to-One Sessions

with Max Strom

Tailored guidance for deep transformation and growth

- Personalized support for deep healing & growth
- Work directly with Max Strom — a trusted pioneer in breathwork and emotional healing for over 30 years
- Designed around your unique needs
- Available online or in limited in-person sessions
- Focus areas: breathwork, healing, grief support & more

Monday 28 April, 2025

Limited Spots Available – Reserve Now!

@AIRYOGA Zurich


Fabrikstrasse 10,
8005 Zurich

Contact us to learn more about the sessions and pricing at Jennifer@maxstrom.com

Website 

Instagram 

Facebook 

E-mail 

MAXSTROM